



Let's Get Ready to TUMBLE!

*Come work on your Round Off Back Handspring Back Tuck,
Round Off Back Tucks, Standing Tucks, & More!!
Join our Workshop & have a great time working out with friends
and achieve your Personal Tumbling Goals!*

BACK TUCK ONLY

TUMBLING WORKSHOP

Saturday 2:30-4:30 pm

Jan. 20th, Feb. 10th, Mar. 31st,

Apr. 28th, May 19th



**Cost: \$20 for CF MEMBERS who
Pre-register on or before the
Thursday prior to each Workshop**

Cost: \$25 per person

If you pre-register on or before Thursday prior to each Workshop

Cost: \$35 per person

If you register after the Thursday prior to each Workshop