



Let's Get Ready to TUMBLE!

Our training will enhance your tumbling ability while you learn Handstands, Walk-Overs, Cartwheels, Round-Offs, Lead-Ups to Back Handsprings, & More!! Join our Workshop & have a Great time working out with friends and achieve Your Personal Tumbling Goals!

LEVEL 1 TUMBLING WORKSHOP

Saturdays 2:30-4:30 pm
Sept. 8th, Oct. 6th, & Nov. 3rd

Cost: \$20 for CF MEMBERS who
Pre-register on or before the
Thursday prior to each Workshop

Cost: \$25 per person

If you pre-register on or before Thursday prior to each Workshop

Cost: \$35 per person

If you register after the Thursday prior to each Workshop